



HALLS HEAD  
COLLEGE ESC

# Newsletter

Term 2 Edition - 2023

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## INTRODUCING OUR 2023 STUDENT LEADERS

>>> Bailey  
>>> Aidan

>>> Ambher  
>>> Focus

>>> Ginger  
>>> Jaxon

Year 7 Mentors

>>> Blake

>>> Coby



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## ATTENDANCE MATTERS

It is important that students are at school each day and arrive on time so that they receive full educational benefit from the programs we provide and have continuity of learning.

If your child is absent from school *it is essential that you inform us before or on the day of absence* either by email to [Hallshead.COLESC.Reception@education.wa.edu.au](mailto:Hallshead.COLESC.Reception@education.wa.edu.au) by phoning our school office on 9581 0613, or by SMS to 0437 514 507.

For email or text messages, we need to know who you are, who your child is, an explanation for the absence and when we can expect your child back at school. Usually a brief explanation will suffice, although we may ask for more details if we feel it is necessary.

**Absence should always be for a genuine reason. If we do not hear from you we will follow up your child's absence by contacting you.** Please ensure that your contact numbers are always kept up to date. It is an important administration function keeping track of our students, and you can help assure us that our students are safe each day by promptly advising the school of any absences.

**Mrs Lynda Norris**

**School Based Attendance Officer**

Please like and follow our Facebook and Instagram pages to keep up to date with our latest posts! We would also like to remind parents that there is a private parent support Facebook group that we encourage you to join.



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# Principals Message

Greetings everyone,

It was 5 degrees at 5:20am this morning as I write this. Winter is definitely here! Our year 7-9 students and staff were all rugged up in winter wear as they headed off on their Circus Quirkus excursion, the temperature may have been in the low numbers but the excitement level was definitely in the high.

As term two closes it is always such a pleasure to see and read about the fantastic learning opportunities the students are experiencing at our school.

Year 7's have been busy with hands on learning to consolidate their knowledge and improve their skills. Their civics and citizenship studies have been enhanced with our student election process taking place this term. The trip to the Perth museum for the Ancient Egypt exhibition consolidated and extended their term 1 HASS program. It is hard to believe our wonderful Year 7 students have only been with us for six months, they have slotted into High School life beautifully. Mrs Lee's Year 8 class also engaged in community learning, strengthening their community connections by visiting the Old Goal in Mandurah and the Council Chambers. Year 9 students have definitely had some memorable learning experiences with a recent visit to Parliament House. They received a personalised tour from the Member for Dawesville, Lisa Munday, MLA.



I feel so proud to hear the fantastic feedback on how our Year 10's are going at their Workplace Learning. I look forward each week to hearing who is our WPL student of the week and all that they have achieved. I urge you to check out the awesome photo of Eva with the cockatoo on her shoulder at Red Zoo on our school's Facebook page and how the Year 10's are owning their own journey as they progress through WPL.

I would like to take this opportunity to thank our families for your attendance at our assembly on 13th June. Our whole school assembly is an important way in which we maintain open and growth led communication with our school community, and it was great to see our assembly venue almost at capacity! It was a fantastic assembly where we acknowledged our students on their achievements and announced our new students leaders. I thank our past student leaders for their contribution to our school and look forward to working closely with our newly elected leaders.

## Staffing News

We welcome Diana Edwards as our new year 9 teacher commencing term 3 and we are delighted to have Jasmine Smith back as our Art and Science teacher. We thank Eleanor Hemsley for her work with our students in term 2.

Finally, we farewell Jean Philipps, our longest serving education assistant who has been at our school since it began in 2001. Jean has shared in our school's journey and provided strong support to so many students and staff over more than 22 years!. Jean is retiring. I know everyone will join me sincerely in thanking her for all she has done for our school during her time with us, she will be missed.

Have a safe holiday everyone. I look forward to seeing our students back again on Monday 17th July for the start of semester 2.

Deb Fieldwick

Principal



## Save the Date

School Open Night

Thursday 20th July, 3pm to 5pm



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# Makuru June - July

The Noongar Season 'Makuru' is represented by the colour dark blue as it symbolises rain and cold weather.

Makuru sees the coldest and wettest time of the year in the South West.

Traditionally, this was a good time of the year to move back inland from the coast as the winds turned to the west and south bringing the cold weather, rains and occasionally snow on the peaks of the Stirling and Porongurup Ranges.

As the waterways and catchments started to fill, people were able to move about their country with ease and their food sources changed from the sea, estuarine and lake foods to those of the land, in particular the grazing animals such as the kangaroo.

As well as a food source, animals provided people with many other things. For example, the 'yongar' or kangaroo, not only provided meat but also 'bookas' (animal skin cloaks that were used as the nights became much cooler). Nothing was left. Even the bones and sinews were used in the manufacturing of bookas and for affixing barbs to hunting tools such as spears.

Makuru is also a time for a lot of animals to be pairing up in preparation for breeding in the coming season. If you look carefully, you might see pairs of 'wardongs' (ravens) flying together. Upon the lakes and rivers of the South West, you'll also start to see a large influx of the Black Swan or 'Mali' as they too prepare to nest and breed.

Flowers that will start to emerge include the blues and purples of the blueberry lily (*Dianella revoluta*) and the purple flags (*Patersonia occidentalis*).

As the season comes to a close, you should also start to notice the white flowers of the weeping peppermint (*Agonis flexuosa*) as the blues start to make way for the white and cream flowers of Djilba.



# School Board

The Term 2 School Board Meeting and Annual General Meeting was held on Monday the 19th of June.

## **The Agenda included:**

- ⇒ Presentation of
  - 2022 School Report
  - Business Plan Updates
  - School Culture Survey
- ⇒ Two new parent members were elected. We welcome Alana Grant and Nicki Wright to the school board.
- ⇒ Future Board Training and Work Shops
- ⇒ Members expressed their appreciation and gratitude to teaching and leadership staff over the last two terms, as they have faced numerous challenges due to the lack of relief staff availability.

## CONSIDERED JOINING THE SCHOOL BOARD?

We are currently accepting nominations from our school community to become members of our School Board. If your child is currently a student at Halls Head ESC and you are passionate about helping our students learn and grow then we would invite you to please consider nominating for a position.

For further information please reach out to our School Board Secretary on [kylie.gardiner@education.wa.edu.au](mailto:kylie.gardiner@education.wa.edu.au)

## Workplace Learning

### Mrs Michelle Lockley

During Term 1, the Year 10 students completed their interviews for Workplace Learning (WPL) and were super excited when they were told they had got the job!

The students represented themselves and our school in a respectable manner, which helped them to secure work placements in the community. WPL allows students the opportunity to learn new skills, which include being polite and respectful to others, appropriate communication in the workplace, along with promoting their confidence and independence whilst learning real life experiences.

The students commenced WPL at the start of this term and are visited regularly whilst out at their placements. This allows for a check-in with students and the workplace supervisors to monitor students' progress. During these visits, photos are taken of the students completing various work tasks, students share these photos during WPL reflection time at school and discuss the types of tasks they have completed each week.

All Year 10's keep a record of their WPL by way of a weekly logbook. It is very important that these logbooks are brought back to school each Thursday, so they can be checked during their WPL reflection lesson. It would be greatly appreciated if parents/guardians can help support with this.

Thank you to the school staff for supporting some of the students in the workplace and to the businesses in the local community for agreeing to support our WPL program.

Should you have any queries, please do not hesitate to contact myself at school on 951 0613 or 0417 993 235.



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# Year 7.1

Mrs Leah Booher

The 7.1 class has had a fantastic first semester, making new friends and developing routines.

**English** - Narrative/imaginative texts and the correct structure to create a text was our English focus in Term 2. Using their creative minds to answer different questions, students used these imaginative answers to write their own narrative stories and produce a circularrama. Using a template, students wrote storylines, coloured backgrounds and then developed and typed up short stories. Stories were presented to their fellow classmates with a short oral presentation.



**Maths** - We focused on the topic of time and measurement. We learnt and developed an understanding on the units of time; including how many minutes are in an hour, how many hours are in a day and how many days in a week and year through hands on learning activities. This included everyone wearing a watch to help them keep better management of their own time, and to be able to answer what time it is during the day. I was very impressed with their abilities. We also used different tools to measure things around the classroom and school environment. Students used balance scales to compare the mass of different objects and compared capacity of different containers.



**HASS** – Students studied Civics and Citizenship regarding the three levels of government within Australia. We learnt what each section of government controls and funds. Students investigated our local government, the City of Mandurah, and what it does for the community. We reviewed the voting system and participated in an election when voting for student leaders. We continued with hands on learning activities by creating triarama's to display what the federal, local, and state government reign over.

**STEM**– This learning area is a classroom favourite, as it allows for lots of hands on learning and problem solving. Each week students would partake in weekly problem solving activities, both independently and in groups. These included boats being built from foil with the aim being to hold weight without sinking or filling with water. It was exciting to see whose boat could hold the most dice (weight). Following Term 1's HASS focus on ancient Egypt, the class built a version of an ancient Egyptian water lifting device called a shaduf. The competition continued when the students were challenged to see who could build the strongest bridge using newspaper! The bridge which held the most number of books, was deemed the winner. There was a lot of fun during STEM this past semester!

Following on from our lessons on local government and what it provides for the community, we went on an excursion to walk the art trail along the Mandurah Foreshore. We took with us a checklist to identify how many things/services we saw that the local, state and federal government has provided for Mandurah. We caught public transport, followed maps, and bought lunch at Cicerello's! It was a great day, with lots of smiles and laughs!



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# Year 7.2

Mrs Alicia Hart

Hello to all the wonderful parents and carers of Class 7.2. I can't believe we are at the end of Term 2 and report time has come. Your children are well and truly high school students now and they are doing absolutely amazing.

**English**– Narrative/imaginative texts and their correct structure was our English for Term 2. They used their creative minds to answer different questions with the goal being to develop their own character. This character was then sent on marvellous adventures, as the students created a story with the aid of a story map. Everyone has thoroughly enjoyed reading comic strips during class and answer questions about the story before creating our very own comic.

**Maths** – This term we have focused on time and measurement. Students learnt and practiced using both the analog and digital units of time, along with converting time and calculating elapsed time. Using a variety of informal and formal measurement tools, we measured length, mass and capacity. Everyone particularly enjoyed applying their skills to measure and weigh different ingredients to bake biscuits.

**HASS** – In HASS, we have learnt about the three levels of government in Australia; local, state and federal. We studied what each level of government is responsible for and what Mandurah has to offer. When learning about the election process, the students developed their own promotional pamphlets, outlining facts about themselves, things they are interested in and what they could personally offer to others in the way of personal strengths. This was a great hands-on activity which everyone thoroughly enjoyed.

This Term we went on an excursion to the Perth Museum to visit the Ancient Egypt Exhibition. This excursion was an extension on our HASS learning in Term 1. It was great to test our knowledge of Ancient Egypt and to see up close what we learnt about.

All of our students in Year 7.2 have been working hard towards earning YCDI keys. They have all demonstrated an improved ability to get along, persist during challenges and use manners every day. It has been a fabulous first half of the school year, with very exciting things planned for the second half.



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# Eco Leaders

## Mr Graeme Dixon

Students began planting in week 6 this term, in the hope we would have some follow up rain. Well, we got what we wanted with 20mm falling over the long weekend. Students were able to put in 300 *Ficinia nodosa* in a very short time. TEAMWORK! I was very pleased to see students take particular care where they planted. It didn't take them long to work out the bottoms of the dunes were the best place to plant, due to water run off and moisture in the soil.

Dune plants like to be planted a lot deeper than regular plants. It gives the roots a chance to stay cool during the hot months and the sand around the shrub supports the branches during windy conditions. In preparation for planting, we have been busy spreading branches along the coastline to reduce erosion and removing beach debris. The students have all worked well as a team and have eagerly participated in activities. During the next few weeks, we will be delivering plants to the City of Mandurah for the National Tree Day give away. We are very proud to be able to supply trees and be recognised as a school that contributes in such a positive way to our community.



# Business Enterprise

## Mrs Tazmah Milward

This term in Business Enterprise, students continued with their successful enterprises and made improvements based on feedback from last term! The Bits & Bobs team ran their first stall for Mother's Day and had huge success in gifting their products for a donation. I would like to acknowledge all the students and staff who worked industriously behind the scenes to prepare for this event. In particular, Mrs Gallagher, Ginger and Penny. To add to this success, the Bits & Bobs Bakery business, led by Ryan and supported by Mrs Sharratt, was also a huge hit with freshly baked vanilla cupcakes! It was wonderful to see and have the support of all staff across the school in donating and acknowledging the hard work of these two enterprises. Back in class, Mr Bean Café has been inundated with beverage orders and delivering these across the school. Peers from other enterprise groups have shown great teamwork and been happy to help out when our head barista, Archie, has needed quick and efficient coffee deliveries. Thank you to Daniel, Jace and Ms Barrera for running a tight ship in the café!

Well done to all staff and students on another wonderful, fun and successful term in Business Enterprise! I can't wait to see what Term 3 has in store for you all.



# Sport

Mr Chris Wilton

We have had an excellent term in physical education, having participated in a variety of sports and activities including Soccer, Basketball, Badminton and Cycling. A key focus was fitness circuits that focus on building strength, stamina and coordination. Each class submitted songs for a class playlist, with some great choices made to help pump themselves up for their workout. It has been pleasing to see the skill progression, social skills and resilience displayed as the students have engaged in P.E.



# Choir

Mrs Mandy McColl

This term has looked a little different as I was away for the first 5 weeks. However, our wonderful choir staff of Ms Gallagher, Mrs Dean and Miss Breen, took the reins and have been instrumental in teaching the choir members some exciting new songs.

The choir learnt completely new songs in preparation for performances at John Tonkin College ESC and the Senior Citizen Centre in Mandurah. It was a fantastic way to continue to strengthen our community connections.

The Galaxy choir students are truly inspirational with their dedication and love of performing. We look forward to many more performances to come. We hope you can attend.



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# Year 8

Ms Gretchen Lee

We have had another busy term in Year 8! It has been pleasing to see how much maturity the students are now displaying as they continue to practise the 5 Keys for Success – Resilience, Persistence, Organisation, Confidence and Getting Along.

**English**– The Curriculum required us to study a novel. We chose “Harry Potter and the Philosopher’s Stone” and we listened to the whole book from Audible as read by Stephen Fry. He kept us all interested and amused with the voices he made for each character. We then watched the whole movie in the Lecture Theatre, before beginning a project on character reviews.

**Maths**- Our focus has been identifying money, counting back change and being shoppers and shopkeepers. We made a class shop and have been taking turns in the shop. This included budgeting, planning and paying for items, with both the shopkeeper and the customer counting back the change for accuracy. In Week 8, we took the bus to the shopping centre and put in practice what we had learnt in class, by shopping at The Reject Shop.

**HASS**- We continued to learn about the levels of government, how laws are made and how they are enforced. In Week 10, we are going on excursion to the Old Gaol in Mandurah to learn about laws that were used when Mandurah was first settled, and where the prisoners were kept. We are also going to go to the Council Chambers to see where the Mayor works.

**STEM**– We issued a challenge where everyone was given an apple and a piece of pastry and they had to prepare a pie. Later, we listened to Harry Potter under the tree with the students all eating their pies. In another STEM challenge, we looked at the history of gourds, then the students were asked to go outside and find materials that could make a container that holds water. It had to hold water for longer than 5 seconds for the challenge to be met.

In **T & E** the students have made bird-hides to provide shelter and safety to small birds around our school.

16 students across Year’s 8 and 9 have signed up for The Premier’s Reading Challenge. You have to read 12 books before September to be entered for the major prizes, but reading a book each week gets the students entered into the weekly prize draw. Dylan is currently the leader, with 12 graphic novels read already!! Well done to all those who have signed up.

We have all had a great term, with the students working on incorporating the 5 Keys of Success into their interactions within the classroom and out across the rest of the school. Even though we have had a lot of students away with sickness, we are a tight team and are looking forward to a terrific Term 3.



# Year 8/9

Mrs Sue Fogarty

Hello from Awesome Class, it has so far been a very busy term.

Our students have been amazing and have shown fantastic progress in their self-regulation skills to cope with the changes of staff this term.

**English**– Our class have had their creative hats on this term. Students have been busy writing stories, poems and books, as well as affirmation posters which have been displayed around the classroom. All students have continued to be engaged in their individual literacy programs.

**Maths**- Measurement has been our math focus. Everyone has thoroughly enjoyed the hands on learning that maths allows, completing activities with cubes, steps and rulers both inside and outside the classroom.

**HASS**– We have learnt about citizenship and what it means. We brainstormed ways in which we can demonstrate being a good citizen in the school, community and Australian settings.

Our class learnt about elections and voting in the exciting build up to the Student Leader elections. We learnt about what a student leader does, by hearing from our current student leaders sharing with us their experiences. At the end of the lesson, those students who wished to nominate as a potential student leader, produced their own election poster, highlighting why they should be elected.

We have had many creative activities and hands on learning activities in our classroom during Term 2. Including challenges to create aluminium figures and Lego building. Music had brought so much joy to our classroom, with the JEMBE drums, guitar, keyboard and Karaoke microphone all really embraced by the students. It has been a joy to see the confidence of the students grow with the instruments and their singing. We have linked this with the choir songs the students are currently learning.

Blue Keys are handed out in class throughout the week as part of our YCDI program. From this, a raffle is drawn with three students choosing two prizes from the prize box.

The students gained 50 marbles on our class chart this term and were rewarded with their choice of a free choice period. Most students chose activities on the laptop and iPads.

I am very proud of all the students in Awesome class. They have engaged in many new learning opportunities this term and have grown in confidence. They have demonstrated resilience and persistence in the face of change and challenges.

Go Awesome Class !!!!!



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# Year 9

Mr John Barker

Throughout the term, the Year 9 students have been engaged in various academic and extracurricular activities, ranging from literature and history to science and technology. We are proud of the effort and commitment that they have shown towards their studies and their personal growth.

**English**– Our students enjoyed the Behind The News sessions, the students learned about current events and discussed important topics. Their engagement during these sessions was excellent, and it was evident that they were eager to learn and expand their knowledge.

**HASS**– We learnt about the Western Australian parliamentary system and participated in the student leader elections. The excursion to Parliament House was an exciting and informative experience, and the students were engaged and interested in the topic. Meeting with the member of Dawsville, Lisa Munday, was a valuable opportunity to gain insights into the workings of government and the role of a member of parliament.

One of the highlights of the term was the food truck project, where the students worked collaboratively to create a unique and exciting business plan. This project provided a valuable opportunity for the students to develop their teamwork and communication skills, as well as their creativity and problem-solving abilities.



# Sustainability & T&E

Mr Graeme Dixon

The vegetable gardens have been extra productive this term, with all students taking home bundles of spinach and lettuce.

After viewing a YouTube clip on making soil, all were keen to copy the process by using recycled cardboard and organic matter to retain moisture and nutrients.

We are on our way to closing the loop on recycling, as ground litter from the chooks and food scraps are used to feed the worms. The worms then produce a highly nutritious fertilizer that is used on the vegies.

As a result, we have not needed to purchase any soil or fertiliser for the school this term. It has been fantastic to see the students repurposing products that would normally go to waste and contributing to our sustainability focus and mindset.

Our waste recycling and auditing systems are working well, with all classrooms taking part in sorting and storing. Each week students collect recycling boxes from each class and sort into cardboard, plastic, metal and glass.

Each fortnight, yellow wheely bins are left out on the verge. The process has become a valuable lesson in sustainability. It is made very apparent what leaves the school and the amount of waste we can recover. Students are seeing firsthand how much plastic is used for wrapping and becoming conscious of what goes to landfill.

Our latest project is the development of a native garden along the fence line near the highway. Once established, it will provide a little more screening from the noisy road and a place where small groups can sit. We are hoping to attract more wildlife and install a watering point for birds. During the project so far, we have only broken one retic pipe and one shovel handle. Although this allowed for new learning activities to take place!



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# Year 10.1

**Mrs Tazmah Milward**

What a fabulous Term 2 we have had in Year 10! It has been a crazy, busy, whirlwind of a term, but each student has adjusted well to all the changes - including the commencement of WPL. We would like to make a special welcome to our new student Justin, who has joined us this term. Justin has adapted well to his new school and is already out in the workplace and working hard.

**English**– The Year 10's worked hard at creating a functional resume – ready for their future jobs! Each student created a fantastic CV that represents their individuality and follows a professional format. Students also practiced filling out forms and getting a taste for what it is like to be an adult! Well done to all Living Independently students who worked exceptionally hard to complete their work this term.

**Maths** – We focused on a wide range of concepts this term, with budgeting and meal planning being at the centre of our learning. Living Independently students completed various meal planning activities, shopping lists, supermarket comparisons and completed role-play scenarios of totalling money. It was fantastic to see how each student completed these functional, life-skill activities and shared their knowledge with their peers.

**Health** – We continued to learn about 'Relationships' and building on the understanding of consent and what this would look like across a range of scenarios. Everyone was actively engaged and contributed to class discussions, meaning our health sessions were interactive and collaborative.

**Road Awareness** – In class we worked on recognising everyday signs, with a specific focus on signs in the supermarket, as well as on our roads and in the community. A range of hands-on activities were completed to build understanding in preparation for excursions next term.



We have been very busy preparing for another Corporate Lunch. All students are working industriously to prepare for this and ensure it is a smooth-sailing event.

Well done to all Year 10 students who had a successful start to WPL on Wednesdays! We are so proud of your efforts and look forward to your continued success next term. Next stop, holidays!

# Year 10.2

Miss Emma Fieldwick

Wow, what a term we have had in Year 10. Our students have had many changes to the timetable, including the addition of Workplace Learning on a Wednesday and the start of our Keys 4 Life Pre-driver education program. They have embraced these changes with a positive attitude and a commitment to their learning.

**English**– We continued to work on our ASDAN digital portfolios using the iPads. Students learnt to use key words in the search engine to research and worked in small groups to put information into simple sentences. We also studied 'Restaurant Menus' as part of reading comprehension.

**Maths**– We have had a few different math focuses during term 2, including financial life skills and building confidence in using the school canteen.

**Health**– We discussed and completed activities on respectful relationships, tying in prior knowledge of protective behaviours and skills for assertiveness. The students undertook role play, paired activities and individual work to consolidate their understanding of consent and respect in relationships.

**Road Awareness**– Topics this term have ranged from understanding the WA licensing system and the responsibilities of road users, to looking at the consequences of unsafe driving. Just a reminder that to pass the Keys 4 Life program you must attend 80% of the lessons.



To celebrate students hard work this term, we will be holding another Corporate Day Lunch! Everyone has been working hard in class to do the catering and events planning for the day, both individually and in groups.

Well done 10.2 on a fantastic Term 2. The holidays are just around the corner!



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# Science

Mrs Eleanor Hemsley

This Term, students in year 7, 8 and 9 have been enjoying some very hands on experiments and experiences in Science.

From learning about the how the movement of the Sun, Moon and Earth affect the seasons in year 7; or investigating the rock cycle in year 8; through to exploring how the tectonic plates under the Earth's crust can cause an earthquake in Melbourne; all have shown what inquiring minds they have.

Together we explored the school environment and revealed its secrets, becoming naturalists studying the flora and fauna in the playground. They have become geologists discovering what rock types they can find in their environment and architects, modelling buildings to see if they would withstand an earthquake.

During Term 2, they were scientists expanding their knowledge of their world!

It was truly wonderful to see everyone eager to learn and to share their new found knowledge with one another.



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# Art

Mrs Eleanor Hemsley

This semester, students were encouraged to be inspired by their environment. They created Art using a variety of materials and processes. In doing so, they experienced lots of different ways of making art and gained confidence in their creative ideas and abilities.

One Art project was to create a cushion. These cushions were very personal to each student, although they all used the same processes to make the cushions, every one turned out completely unique!

It has been wonderful to see students across the different classes enjoying the freedom Art can give them to express themselves and the fabulous pieces that have been created.



# Japanese

Mr Rob Werrett

Minasan Konnichiwa! (Hello everyone!)

It's been a great pleasure to share my passion for Japanese language and culture with the students at HHC-ESC over the past two terms.

In Japanese this term, students worked to consolidate some basic vocabulary, grammar and formulaic expressions enabling them to participate in games and activities in the target language. We learned to count to ten, basic colours, classroom greetings, writing our names in Katakana, writing of numbers in Kanji and food vocabulary and how to express likes and dislikes related to food.

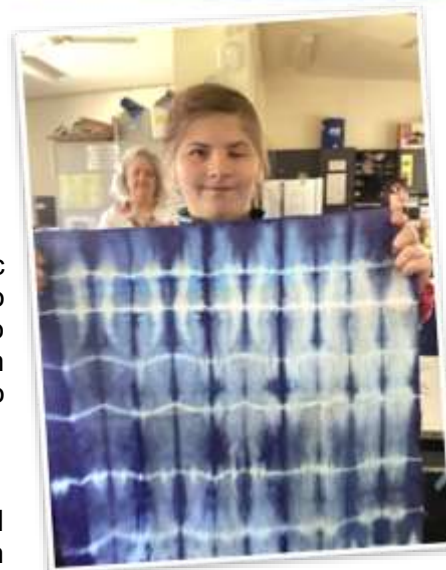
In addition, through engaging in a broad range of Japanese cultural experiences, students have been able to notice and reflect on the ways in which all languages manifest culturally significant attitudes and behaviours.

We brought Japan to the classroom through engaging in an eclectic variety of authentic cultural experiences, including:

- Shibori – Japanese 'tie dye'
- Dressing up in traditional costume (Yukata)
- Furoshiki – learning about the Japanese practice of using colourful fabric squares to wrap presents (in preference to using paper) or to form carry bags for things. This is in line with our school's commitment to teaching students about sustainability practices and lifestyles.
- How to use chopsticks (ohashi) and about Japanese table manners.
- Cooking some simple Japanese food.
- How to bow correctly and about how bowing is a ritualised display of respect.

We have learned a lot about how Japanese people live, work and play and had a lot of fun doing so. It has been wonderful to see our students exploring Japan, its language and culture, and being enriched in the process.

Minasan, arigatou gozaimashita! (Thank you everyone!)



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# wellbeing

This term, we continued to look for and implement ways in which to improve the wellbeing of both students and staff.

Deputy Principal, Sandy Hodge, alongside Teacher, Chris Wilton and Education Assistant, Jessica Tipton, attended a workshop titled Jugar Life and Growing with Gratitude. This workshop provided resources and ideas on how to continue to develop fun in the classroom, to aid students with their health and wellness. Everyone left the workshop with some amazing links to online educational games, which have already been a huge hit in the classroom! Following the workshop, Jessica Tipton revamped the CALM room to include a gratitude wall, as a reminder to students on what we can be grateful for and Mr Wilton has incorporated fun exploration in his Physical Education sessions with music and games.

We have also subscribed to Happy School this term. Happy School is an online platform aimed at improving staff morale, and in turn student achievement. By subscribing to this platform, teachers receive articles and support to reduce their stress and maintain a happy mindset.

CALM mornings continue to be an integral part of Halls Head ESC's morning ritual. CALM stands for Check in, Advocacy, Learning and Mindfulness. During CALM, students and their mentors discuss how they are feeling, what the day will entail before ending with mindfulness to set them in good stead for the day. Mindfulness can take part in a number of different ways, including, yoga, meditation, colouring in or sensory play.

And finally, this term we seen the return of Nina, the Therapy Dog, much to the delight of both staff and students. One day a week, Nina is set up in the CALM room to assist anyone who needs a cuddle and a pat.



Halls Head College ESC



HHC ESC Parents Support Group



@hallsheadesc



July					
1	17	18	19 WPL	20	21 Eco Leaders
	24	25	26 WPL	27	28 Eco Leaders
2					
August					
3	31	1 P&C	2 WPL	3	4 Eco Leaders
	7 SDD	8	9 WPL	10	11 Eco Leaders
4					
5	14	15	16 WPL	17	18 Eco Leaders
6	21 Literacy & Numeracy Week	22 ESC Assembly	23 WPL	24	25 Eco Leaders
7	28 EA Appreciation Week	29	30 WPL	31	1 Eco Leaders
September					
8	4	5 P&C	6 WPL	7	8 Eco Leaders
9	11	12	13 WPL	14	15 Eco Leaders
10	18	19	20 WPL	21	22 Eco Leaders

